

HERE FOR YOU. HERE FOR GOOD.



May 19, 2021 - 8 Sivan 5781

JCA PROGRAMS

FIGHTING WHITE SUPREMACY IN 2021: FROM CHARLOTTESVILLE TO THE CAPITOL

Presented by the JCA's Community Relations Council
Tuesday, May 25th | 7 PM EST



Tuesday, May 25th, 7pm ET

From the Charlottesville violence to the Capitol insurrection to the shootings in Atlanta targeting the Asian American community, hate crimes and domestic extremism are at record levels -- and we're facing a dangerous and dire threat of white supremacy.

Join us via Zoom for a critical conversation with Integrity First for America's (IFA) Amy Spitalnick on their groundbreaking Charlottesville suit and how we can fight back against the rising tide of violent hate. We will be joined by Maine Secretary of State Shenna Bellows, Portland City Councilor Pious Ali, and Reverend Kenneth Lewis who will participate in this important conversation.

Event Co-sponsored by

Center for Small Town Jewish Life | Congregation Bet Ha'am | Congregation Shaarey Tphiloh | Etz Chaim Synagogue Portland | Greater Portland Immigrant Welcome Center | Green Memorial A.M.E Zion Church | Holocaust & Human Rights Center of Maine | Hope Acts | Hope Gateway Church | Hopeful Links | Immigrant Legal Aid Project | In Her Presence | Maine Association for New Americans | Maine Council of Churches | Maine Immigrant Rights Coalition | Maine Jewish Museum | National Council of Jewish Women | Portland Empowered | Temple Beth El Augusta | Temple Beth El Portland | Temple Shalom Auburn | Welcoming the Stranger

**Integrity First for America (IFA) is a nonpartisan nonprofit organization dedicated to holding those accountable who threaten longstanding principles of our democracy—including our country's commitment to civil rights and equal justice.*

[Register](#)

SONGS OF THE LGBTQ+: A Multi-Genre Celebration of Pride Month

Presented with the National JCC Adult & Senior Alliance

Tuesday, June 1st | 2:00 - 3:15 PM EST

Whether you're a member or an ally of the LGBTQ+ community, come kick-off Pride Month with instructor James Sokol. Join his journey of songs from an array of genres – Broadway, opera, pop and more – that are written by or supportive of those in this multi-faceted community.

Tickets: \$5 with early bird registration.



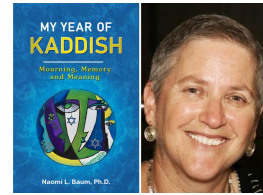
[Register](#)

MY YEAR OF KADDISH: Mourning, Memory and Meaning

A virtual book talk with author Naomi Baum

Presented by the JCA as part of the Jewish Book Council Network

Sunday, June 6th | 10:00 AM EST



In this profoundly honest and revealing memoir, psychologist Dr. Naomi L. Baum invites us to journey with her as she says *Kaddish*, the traditional Jewish mourner's prayer, in the year following her mother's death. When experiencing loss, we are often without words to describe how we are feeling. Finding a place to rest the pain, this book travels through the seasons of grief and will resonate with anyone who has lost someone dear. Dr. Baum, an international consultant on trauma and resilience, draws on both her personal and professional experience to navigate this uncharted territory, as she takes a new look at tradition and discovers both emotional and spiritual sources of comfort in unexpected places.

Advanced registration required by Friday, June 4 at noon to receive the Zoom link.

The book is available to order [here](#).

Register

YOGA & FITNESS

OUTDOOR YOGA IN PAYSON PARK

With Ashley Flowers Yoga

Wednesdays | 5:30 – 6:30 PM



There is no better place to practice yoga than outdoors with the grass beneath your toes, and the wind in your hair! Practicing outside also allows us ample space for social distancing and lots of fresh air. Find a deeper sense of connection to yourself, to mother earth, and to your community with in-person, outdoor yoga! Pre-registration required through Ashley's website. Class location will be emailed to registered attendees.

Register

AROUND THE JEWISH WORLD

*Local programs highlighted in light blue

THE HISTORY OF JEWISH LIFE IN BIDDEFORD-SACO

A Virtual Community Presentation in honor of Jewish American Heritage Month

Presented by the Biddeford Cultural and Heritage Center

Thursday, May 20th | 6:30 PM



BCHC board member, local historian, and fourth-generation member of one of Biddeford's oldest Jewish families, Jennie E. Aranovitch will speak on Jewish emigration to Biddeford, including the history of Biddeford's synagogue, Congregation Etz Chaim and the cultural aspects of Jewish life in Biddeford-Saco. She will discuss adherence to kosher dietary laws, the evolving role of women, the establishment of local chapters of national Jewish organizations, contributions of local Jewish war veterans and the important role played by Jewish business owners in the area, particularly in Biddeford's downtown.

To request the Zoom link, please contact Cantor Beth Strassler

Request the Zoom Link

NOISE: A FLAW IN HUMAN JUDGMENT - With authors Daniel

Kahneman, Olivier Sibony, and Cass Sunstein

Presented by Sixth & I, Washington DC

May 20th | 7:00 PM ET



Wherever there is judgment, there is noise. Yet, most of the time—across medicine, law, economic forecasting, forensic science, performance reviews, and more—individuals and organizations are unaware of it. Authors Daniel Kahneman, Olivier Sibony, and Cass Sunstein explain how and why humans are so susceptible to noise in judgment and offer simple remedies for people to reduce both noise and bias, and ultimately make far better decisions.

[Register](#)

KOLOT NASHIM - JEWISH MUSIC BY WOMEN COMPOSERS

Presented by the Zamir Chorale of Boston and the Consulate

General of Israel to New England

Tuesday, May 25th | 7:30 PM ET



For centuries, the world of Western music had been a male bastion. Female composers and public performers were a rarity in Europe and America and it was nearly impossible for them to have their works published or heard on concert stages. Now, the Zamir Chorale of Boston is presenting Kolot Nashim – the voices of many women, restoring them to their deserved position.

[Register](#)

TRIBUTE TO LEONARD COHEN with David Broza & Friends

A JArts Boston online event

Tuesday, May 25th | 8 PM



Israeli superstar David Broza, who has been called the Israeli Leonard Cohen, will pay tribute to the late, great Cohen through story and song, in an online event that will shed light on Cohen's life and music. Tickets are pay what you can.

[Register](#)

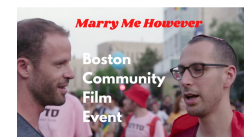
MARRY ME HOWEVER Virtual Film Screening & Panel

Discussion

Presented by Eshel & the New England Consulate General of Israel

Free film streaming - May 23-26 & Panel Discussion and

Q&A - Wednesday, May 26th | 4 PM ET



Join the Eshel organization which builds understanding and support for LGBT people in Orthodox Jewish communities. This documentary tells the story of three men and one woman who marry against their orientation in order to fulfill religious and cultural expectations.

[Register](#)

GIFT OF LIFE MARROW REGISTRY'S STEPS FOR LIFE VIRTUAL 5K

Join JCCs and other communities across the country in the fight to cure blood cancers through stem cell and bone marrow transplants! Each of us has the power within us to save someone's life.



You can complete the Steps for Life Virtual 5k from any location and at any time! Run, jog or walk on the road, trail or treadmill while keeping a safe distance from other runners. You get to participate in your own race and at your own pace!

[Register & Learn More](#)

MAINE CONFERENCE FOR JEWISH LIFE

Presented by the Center for Small Town Jewish Life
Sunday, June 13, 2021

Join us via Zoom for an afternoon of interactive learning and community celebration! Save the date and stay tuned for updates about speakers and sessions.



[Register & Learn More](#)

JCA NEWS & UPDATES

Israeli Culture at Center Day Camp

Are you passionate about sharing Israeli culture, history, songs, stories, or food with kids? This summer at Center Day Camp, our beloved Shlichim program (emissaries from Israel) will be on hiatus, so we are looking for community members to help bring the joy and magic of Israel to CDC! Whether you are interested in running a program for one week or one day, we'd love to talk with you! Please contact Director Chris Thurston at cdc@mainejewish.org



KJFS Mobile Food Pantry - New Food Box Pickup & Deliveries!

Michael Klahr Jewish Family Services is thrilled to announce that we are now offering food box pickups at the JCA, along with deliveries directly to homes of individuals and families in Cumberland & York Counties. The food boxes have been generously provided by Wayside Food Programs and include a variety of non-perishable items. If you are in need, or if you know of any individuals/families who are homebound and in need of food, please contact us at 207-772-1959 or kjfs@mainejewish.org.



Employment Opportunities at the JCA and Center Day Camp

The JCA's mission is to enhance and promote Jewish life and continuity locally, in Israel and throughout the world, and to generate the financial resources to develop, provide and support diverse programs, education and services in order to accomplish these goals.



To view all current employment opportunities [CLICK HERE.](#)

1342 Congress St. Portland, ME 04102 | 207-772-1959
Website: www.mainejewish.org | email: jca@mainejewish.org



Jewish Community Alliance | (207) 772-1959, 1342 Congress Street, Portland, ME 04102

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